Summertime Strawberry Kiwi Salsa

by Stacey Francis, DC

2 pint organic fresh strawberries, diced

2 organic kiwi, peeled and chopped

2 organic granny smith apple, chopped

2 organic fuji apple, chopped

Juice of one lemon

Juice of one lime

2 tablespoons coconut sugar, honey or preserves, optional

In large bowl combine all ingredients and stir to combine.

Serve with plantain chips or cinnamon tortilla chips

Serves: 10.