



The Supercharged Journey

A 6-Month Goal Oriented Adventure

The Journey is a 6 month program that gets you from where you are, to where you want to be with support, accountability, direction, education and love.

 Starting Monday February 27, 2023

 Via Zoom and Facebook Group

 \$75 Billed Monthly

"Your goals are my goals, and I will move heaven and earth to get you there."

Dr. Stacey

Specific  Wellness
clinics

01

HEART HEALTH

Keys to energy, stamina and endurance and preventing heart attack and stroke.

02

BRAIN HEALTH

Keys to memory, clarity and focus and preventing Alzheimer's and Dementia.

03

IMMUNE HEALTH

Keys to a strong immune system and preventing ALS, MS and other autoimmunity.

04

GUT AND SKIN HEALTH

Keys to better digestion and complexion and preventing colon cancer, skin cancer and other bowel disorders.

05

HORMONAL HEALTH

Keys to better glandular health and preventing breast and prostate cancer.

06

MUSCLE AND BONE HEALTH

Keys to strength, balance and stability and preventing osteoporosis and muscle wasting.

REGISTER AT SPECIFICWELLNESS.COM